

# DR. LORENZO VIGNA

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## PREPARATION FOR ORAL SURGERY WITH ANESTHESIA

Many oral surgical procedures can now be performed in the office with the aid of sedation or general anesthesia. By having either of these anesthetics, you can approach your oral surgery knowing that it will be a safe and comfortable procedure.

### THESE ARE INSTRUCTIONS WHICH MUST BE STRICTLY FOLLOWED:

1. Please do not eat or drink anything (not even water) for 6 hours before surgery. The only exception is that you should take your regular medication with a minimum amount of water. Brush your teeth prior to surgery.
2. A responsible adult must be with you in the office at the time of surgery to drive you home. This person should plan to stay with you for four to six hours afterwards, or longer if necessary, until the medication has completely worn off.
3. Your judgement and reflexes may be impaired following the anesthetic; therefore, you should refrain from driving a car or operating machinery.
4. A parent or guardian must accompany anyone under 18 years of age.
5. No smoking 24 hours prior to your surgery.
6. Wear loose, comfortable clothing with access to both arms.
7. Remove all jewellery, makeup, nail polish, contact lenses, dentures and no wire bras.
8. Please empty your bladder just prior to your appointment time.
9. Get a good night's sleep and eat well the day before your surgery. A relaxed, well-rested patient with a positive attitude will do well both during the surgery and afterward.

Due to the amount of time that is scheduled for your surgery with a medical anesthetist, we request that you give 48 hours notification of canceling and/or changing your appointment. If sufficient notice is not given, there will be a charge of \$250.00 to your account.