

# Minutes with... Dr. Lorenzo Vigna

## What areas of dentistry do you specialize in?

I am an Oral Maxillofacial Surgeon with particular interest in Full Arch Implant Rehabilitation. I perform Zygomatic Implant Surgery for Immediate Load and also Conus Concept for Fixed Detachable Prostheses.

### What drew you to implant dentistry?

I enjoy challenging cases in Implant Dentistry. I also enjoy continuing education and the evolution of new techniques. I found it an easy transition from orthognathic surgery to implant dentistry.

I apply my surgical skills to various implant techniques and work collaboratively with restoring clinicians creating a Team Approach.

## What do you find most satisfying about it?

The patient transformation, both physical and psychological.

I appreciate the ability to provide immediate same day results with a graftless approach.

I also enjoy the ability to provide treatment when none was previously believed possible.

It is also rewarding to lecture and teach other dentists and specialists

#### What skills does a good implant dentist need to succeed?

- Listening to what the patient wants
- Planning and analysis
- Thinking in 3-D
- An understanding of both the surgical and prosthetic requirements
- Ability to work collaboratively
- Attention to details
- Ability to be self critical and learn from mistakes





# Would you recommend getting more involved with implants to other dentists?

I would firstly recommend education. Secondly they should start with the restoration of individual implants. If they proceed with surgical procedures, they should keep it simple with the appreciation of more complex procedures. The ultimate goal is that the patient receives the best possible treatment – whether with one clinician or with a team of clinicians. My experience has proven that the Team Approach results in the optimal treatment for the patient.

#### What equipment couldn't you do without?

CBCT – a must for bone volume assessment and patient understanding.

Personal preference – using quality German hand instruments from KLS Martin. Their weight and feel have become a part of my hands muscle memory.

The Zygoma implant – it allows me to treat severely atrophied maxillae with a graftless approach.

#### Where do you see implant treatment going?

- Graftless
- Immediate load with one procedure instead of staging
- Digital workflow for planning and fabrication
- Clinics that provide treatment from consult to final prostheses including maintenance

# If you could have your time again, would you do the same things?

I focus on today and the future. I have no regrets and I would not change a thing. The experiences I have had have given me insight and have helped me develop my current surgical philosophy and techniques. We are the sum of our experiences. Never look back.

